

In accordance with the BC Ministry of Health Public Health Order Guidelines, we have implemented the following policies and procedures to ensure your health and safety while participating in group yoga classes at the Red Door Yoga studio:

1. PROOF OF VACCINATION REQUIRED

Staff members will be requesting proof of vaccination from each student in the form of the following:

1. An official Covid-19 Immunization Record Card
2. Valid Government ID.

As we run our classes by registration, PROOF OF VACCINATION WILL ONLY BE REQUIRED ONCE at the beginning of each module.

2. MASKS REQUIRED IN COMMON AREAS

Masks will be required in all common areas of the studio. Masks are OPTIONAL WHILE PARTICIPATING IN THE CLASS.

We understand the inherent difficulties in implementing the BC Ministry of Health Public Health Order Guidelines and the inconvenience it may cause. We greatly appreciate your patience and cooperation during this difficult time. Please be respectful of your fellow community members while participating in group yoga classes at the Red Door Yoga studio. We are all in this together.

Just a reminder... please do not enter the studio if you are feeling unwell or have any or all of the following symptoms: COUGHING, FEVER, SORE THROAT or DIFFICULTY BREATHING.